## WEEKLY EMUNOH DIGEST FOR TEENAGE BOYS

פרשת ויצא

ט׳ כסלו תשפ״ב

<u>Zmanim</u>

קבלת שבת London 3:59 Manchester 4:01 מוצאי שבת London 5:08 (5:27 ר״ת) Manchester 5:08 (5:27 ר״ת)



בס"ד



וַיִּפְגַע בַּמָקוֹם וַיָּלֶן שָׁם כִּי בָא הַשָּׁמֶשׁ וַיִּקַח מֵאַבְנֵי הַמָּקוֹם וַיָּשֶׁם מְרַאֲשׁתָיו וַיִּשְׁכַּב בַּמָקוֹם הַהוּא. בראשית כ"ח:"א

And he [Yaakov] arrived at the place and lodged there because the sun had set, and he took some of the stones of the place and placed [them] at his head, and he lay down in that place.

Chazal tell us that the word ויפגע is a reference to the מעריב - established - מעריב. What is the relationship between יעקב and the night?

As we move into the winter when the nights are getting longer, we can appreciate that especially in a world without electric lights, night can be a scary and even depressing time. In our can be, we meet  $\psi$  as he is about to start a new chapter in his life, one of  $\mu$  with all of its troubles and uncertainties.

From now on, עקב's life is similar to a long, dark night, far away from the familiar environment of the home that he was brought up in. In the coming weeks we will learn about numerous challenges that he experienced on the way, with challenges that he experienced on the way, with  $\tau$  and  $\tau$  but a few. Nonetheless, as well we know, יעקב' remained steadfast in his אמונה and in doing so, gave us the ability to follow suit.

It is certainly fitting that he would be the one to establish the  $\pi e^{i}$  of night,  $\pi e^{i}$ , teaching us how to stay strong and develop a real sense of how to stay strong and develop a real sense of  $\pi e^{i}$  even during the most difficult times. The various  $\pi e^{i}$  that we say during  $\pi e^{i}$ reflect this idea and are an opportunity for us to work on placing our trust in  $\pi e^{i}$  and develop a sense of confidence that He is taking care of us regardless of the circumstances.



המעביר שנה

As mentioned last week, the יהי רצון immediately following is still part of the ברכה. However, how many of us have noticed that this long ברכה actually switches from the singular to the plural, shifting our focus from 'me' to 'we'?

Davening in the plural form is a major aspect of our תפילה, as the :גמ' ברכות כט: tells us that one should always include their prayers with that of the ציבור. As a result of this, all of our תפילות are in the plural, as long as the subject matter still makes sense.

Rav Munk זע"ל explains that there is a major message here, namely that we are not meant to just think about ourselves. Through davening this way, we not only build ourselves but also our communities. When we think of others in our תפילות, we strengthen our sense of ערבות, mutual responsibility and guard ourselves against inconsiderate selfishness.

Perhaps this is why many people have מנהג, based on the אריז"ל, to accept the ואהבת לרעך כמוך of אריז"ל themselves before they daven.

## Q: WHY IS IT SO IMPORTANT TO DAVEN WITH A JUD?

\*DO YOU HAVE HASHKOFOH QUESTIONS AND ARE LOOKING FOR ANSWERS? TEXT US AT 07878158547 BEGINNING WITH THE WORD 'CHAZUBONAI'.



## חזו בני





This Thursday, י"ד כסלו marks the 364th Yohrtzeit of **ר' מנשה בן ישראל זצ"ל**, a Portuguese מקובל and מקובל.

Born in 1604 in Madeira, a year after his parents had fled mainland Portugal due to the Inquisition, the family moved to the Netherlands when מנשה was a young boy. He became famous not only as a כח and prolific author, but also for founding the world's first Hebrew printing press which he aptly named האמת מארץ תצמח

He moved to Brazil for a few years, but after having difficulty supporting his family returned Amsterdam. to He was instrumental in persuading Oliver Cromwell to resettle in England in 1656, where they had been banned since 1290, and even received a state pension of £100 from the British Government for his efforts. He was a friend of world-famous artist Rembrandt, and the artist made an etching of the Tand also illustrated some of his books and ספרים.

He wrote many ספרים including נשמת חיים, a famous קבלה work explaining the concepts of גלגולים and another ספר answering many סתירות from תנ"ך, in order to strengthen the אמונה from the Inquisition who lived during his time.

יהי זכרו ברוך

To receive **ChazuBonai** via email and to hear about boys' events or to dedicate an edition of **ChazuBonai**, please email <u>info@chazon.org.uk</u> WISHING A HUGE MAZEL TOV TO FAMILY SILKIN ON THE OCCASION OF THEIR DAUGHTER'S JJJJM



A woman was flying from Lakewood with 2 children to ארץ ישראל for a חתונה. Her baby needed her nappy changed and when she went to change her she realised the baby had a life - threatening infection that needed urgent care. A doctor on board tried treating the baby and in the meantime the pilot dumped fuel from the tank in order to be able to make an emergency landing in Ireland.

The doctor managed to save the baby and told the pilot that there was no need to land in Ireland. However, the doctor said that he had already dumped the fuel and had to land in Ireland anyway. As they were going into the descent with an ambulance waiting on the tarmac to treat the baby, a man had a sudden heart attack. The plane landed a minute later and the ambulance which had been there to treat the baby ended up saving the man's life.

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