WEEKLY EMUNOH DIGEST FOR TEENAGE BOYS

<u>Zmanim</u>

קבלת שבת London 7:42 Manchester 7:30 מוצאי שבת London 8:51 (9:11 ר״ת) Manchester 8:40 (9:01 ר״ת) פ' מצורע/ שבת הגדול ח׳ ניסן תשפ״ב



Emunoh In The Parsha



זאת תהיה תורת המצורע... והובא אל הכהן (ויקרא יד:ב)

There are various reasons given as to why the מצורע had to show their ארעת specifically to a כהן.

The דברי יואל זיע"א explains it in the following way. צרעת comes upon a person for a whole host of reasons as described in the גמרא, all of which are a breakdown in a person's of which are a breakdown in a person's could feel extremely dejected and upset. He may not even bother to correct his behaviour.

Now, the הלכה says that a הלכה must always be in a state of שמחה. Indeed, not only the עבודה was performed ברכת כהנים but even ברכת כהנים has to be said in a state of joy.

When the מצורע would visit the כהן he would be walking into an atmosphere of tremendous joy. This in turn would lift his spirits and convince him that all was not lost; he just had to repair himself. And if one week wasn't enough, he'd have the opportunity to visit the Cagain.

This message is particularly relevant as we prepare for יום טוב. The הלכה says that one must be מקביל פני רבו ברגל, greets one's Rebbe and Rov on Yom Tov, for merely being in their holy and joyous presence improves a person's mood and lifts their spirits.

This is an essential protection against the $\neg \Upsilon$, because while it is appropriate to regret having done an $\neg \chi$, it is also important not to be become broken by it. Being in the presence of a Υ helps bring back $\neg \chi$ to a person so they can pick themselves up and continue in the path of $\neg \chi$.



(Part 2) ברוך שאמר

As mentioned last week, ברוך שאמר refers to different as a way of knowing Who we are talking to in our תפילות.

By saying DL, we are referring to the JL, we are referring to the as the Name of LC in fact, Π tell us specifically that this four-letter Name (one so η that we cannot even say it) refers to η attribute of mercy.

This idea is reflected in the episode with ששה רבינו the מנה in the build-up to יציאת מצרים. Before he agreed to undertake the mission of redeeming the בני Moshe asked הקב"ה which Name he should use to convey the message of גאולה to the אישראל אהי'ה אשר אהי'ה to say משה to say הקב"ה which has those same connotations of may of giving them much needed חיזוק.

One message behind this was to remind the downtrodden and oppressed בני ישראל that despite their sorry situation, הקב"ה is always with them. Now as then, הקב"ה is ready to redeem us with them. Now af we do not fully deserve it.

a: School term has ended and I must admit I'm bored. What should I be doing with all my free time?

A: IT IS IMPORTANT TO USE YOUR DAYS OFF SCHOOL TO RELAX AND RECHARGE YOUR BATTERIES FOR THE NEXT SCHOOL TERM. BUT IT'S EVEN MORE IMPORTANT TO REALISE THAT BEING AN 'T REALISE THAT BEING AN 'T RELAX FOR RELAXATION'S SAKE,

WE DO IT SO THAT WE CAN FEEL MORE REFRESHED TO GROW IN OUR YIDDISHKEIT AND LEARNING. IT IS ALSO VITAL TO HAVE A TO EVEN WHEN ON HOLIDAY AND TO MAKE SURE TO SET TIME ASIDE OPPORTUNITY TO DO ATCA ON WHAT YOU HAVE LEARNT OR TO LEARN SOMETHING A BIT DIFFERENT WHICH YOU WOULDN'T LEARN IN SCHOOL, ALSO YOU HAVE AN INCREDIBLE OPPORTUNITY TO HELP OUT A BIT MORE ORNEP 11 AT HOME AND FULFIL OF מצוה SF כיבוד אב ואם...

*DO YOU HAVE QUESTIONS AND ARE LOOKING FOR ANSWERS? TEXT US AT 07878158547 BEGINNING WITH THE WORD 'CHAZUBONAI'.



רוד בני





This Wednesday, יא ניסן, marks the Yohrtzeit of the **של"ה הקדוש**, Rav Yeshaya Horowitz זצ"ל. He was born in Krakow in 1570, on the same day that Rav Moshe Kordevero זצ"ל was seen as his spiritual successor.

His father Rav Avrohom was a תלמיד of the רמ"א and wrote the *sefer* חסד לאברהם. Rav Yeshaya learnt by the מהר"ם and the סמ"ע and at the age of 20 he moved to Lvov where, despite his young age, he was a signatory with 30 of the biggest תקנה of the time on a public תקנה. He married Chaya Moul, daughter of Reb Avrohom from Vienna, a philanthropist and בעל צדקה.

In 1602, he became אב"ד in Poznan and 4 years later assumed the רבנות of Frankurt. In 1614, after the Yieden were exiled from Frankfurt, he was elected as אב"ד of Prague. Following the passing of his wife, he moved to ארץ ישראל was appointed ארץ ישראל in ירושלים. Whilst there, he was arrested with fifteen other שבי"ד. Whilst there, he was arrested with fifteen other שנה cruel Pasha and had to be released for an exorbitant sum of money. Known as a great מקובלים, he subsequently moved to אנות אפן בלים, home of the great שבריה of the era, before finally moving to שבריה where he was in 1630.

Many of his teachings, including the importance of always being בשמחה, influenced the early teachings of חסידות, who often quote the של" in their ספרים. His flagship ספרים, the שני לוחות was actually written as a הברית, mas actually written as a collection of קבלה and is a fusing the teachings of the רמ"ק and the לאריז".

He composed a famous, special תפילה for parents to daven for the success of their children on ערב ראש חודש סיון, the month of מתן תורה.

יהי זכרו ברוך





Elchonon and Chana were married for many years and the doctors had told them there was no chance they would ever have children. They decided to visit Reb Shlomo Bochner, head of the Bonei Olam organisation in America, who proceeded with the case despite there being a very limited chance of success. R' Bochner took the case to Dr. Kornwallis, the top expert in the field. The doctor was so inspired by Reb Shlomo's commitment that he waived his usual exorbitant fee.

Chana was in the waiting room with her תהילים waiting for the results of the treatment. Dr Kornwallis looked at Reb Shlomo and sadly shook his head. The treatment hadn't been successful. Relaying the bitter news to Chana was one of the hardest thing Reb Shlomo had ever had to do.

A year later Reb Shlomo received a phone call. Elchonon was on the line. He said, "I want to tell you what happened a year ago on the day we received that terrible news. I was driving around aimlessly and waves of depression and bitterness were washing over me. I came home to see the table bedecked with our finest china and the aroma of a delicious meal coming from the kitchen. Chana came out beaming and said, "We have closed one chapter of our life. Let us make a $nki \in 0$ for the fact that we have each other and thank 'n for what we do have". The next morning, we got a call from the hospital saying that they had restudied the charts and thought of a different treatment that might just work. We have just been blessed with a baby boy and I would like to invite you to the n..."

CHAZON IS A CHIZUK EMUNOH ORGANISATION DESIGNED TO FORTIFY OUR CONNECTION TO YIDDISHKEIT THROUGH INSPIRATIONAL SHIURIM, TRIPS AND EVENTS